

Lipid Disorder Training REGISTRATION

Minifellowships: MME0902B January 29–31, 2009 \$300 Physicians
 MME0902C June 4–6, 2009 \$150 Pharmacists, Nurses, Dietitians
 MME1002A October 15–17, 2009

Updates: MME0903B May 9, 2009 \$150 Physicians
 MME1003A December 5, 2009 \$75 Pharmacists, Nurses, Dietitians

Registrant's Name _____
 MD DO RN PharmD RD Other Specialty _____
 Company Name _____
 Mailing Address _____
 City _____ State _____ Zip _____
 Work Tel () _____ Fax () _____
 E-mail _____ Birthday: ___month___ ___day___ XX

Payment Method: Check or money order payable to UC Regents VISA/MasterCard American Express
 Card Number _____ Expiration _____
 Authorized Signature _____ Name on Card _____

CONTINUING MEDICAL EDUCATION

The University of California, San Francisco (UCSF), School of Medicine, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates the Minifellowship for a maximum of 16.5 AMA PRA Category I Credits™ and the Update for 6 credits. Each physician should claim only credits commensurate with the extent of their participation in the activity.

Pharmacists licensed in the state of California receive continuing education course credit through the California Accreditation for Pharmacy Education (provider number 193). The California Board of Registered Nursing recognizes continuing professional education courses approved by the AMA. Dietitians also receive course credit.



Thomas P. Bersot, MD, PhD



Mikelle McCain, MPH, RD

LOCATION

The J. David Gladstone Institutes is located at 1650 Owens Street, San Francisco, CA 94158.

DIRECTIONS & PARKING

Directions and parking lot location are available on our website at www.gladstone.ucsf.edu. Parking is available for a fee.

SUGGESTED HOTELS

Hotel fees are the responsibility of the registrant. A special arrangement with hotels has not been established. Please see our website for a list of hotels near the Gladstone Institutes. (Click on *Education*, then *Lipid Disorders Training Center* and then *Suggested Hotels*.)

SUPPORT

This program is presented in affiliation with the American Heart Association. This CME activity is supported in part by educational grant(s) from Merck, Inc., and Merck Schering-Plough, LLC.

OBJECTIVES

After attending the Lipid Disorders courses, participants will be able to better manage cardiovascular disease risk factors in patients with lipid disorders. Additional objectives for the Minifellowship and Updates can be read on our website. (Click on *Education* and then *Lipid Disorders Training Center* and then *Course Objectives*.)

American Heart Association

Gladstone Institute of Cardiovascular Disease

Lipid Disorder Training 2009

How to Manage Cardiovascular Disease Risk Factors

Minifellowships
 January 29–31,
 June 4–6, October 15–17

Updates
 May 9, December 5



The Lipid Disorders Courses are educational opportunities designed specifically for cardiologists and other physicians, pharmacists, nurses, dietitians, and other providers who are interested in learning more about managing various lipid disorders.

Lecturers

Thomas P. Bersot, MD, PhD, is an associate investigator at the Gladstone Institute of Cardiovascular Disease, where he conducts research in HDL metabolism. He is a clinical professor of medicine at the University of California, San Francisco (UCSF) and director of the Lipid Clinic at San Francisco General Hospital.

Mikelle McCain, MPH, RD, is a consulting nutrition educator at the Gladstone Institute of Cardiovascular Disease and a lecturer in nutritional sciences and toxicology at the University of California, Berkeley. She counsels patients with dyslipidemia, evaluates research, and teaches on the management of dyslipidemia.

Minifellowships

Subjects discussed during this two-and-a-half-day course include lipid treatment guidelines, diagnosis of various dyslipidemias, dietary and pharmacologic treatments for lipid disorders, features influencing treatment, and results of recent clinical trials.

A unique feature of the Minifellowship is a one-day demonstration clinic in which course participants see Gladstone Lipid Clinic patients and analyze their treatment.

2009 Lipid Disorders Minifellowships

January 29–31	MME0902B
June 4–6	MME0902C
October 15–17	MME1002A

AGENDA

Thursdays 8:00 am–4:30 pm

Continental Breakfast and CME Registration
Structure, Composition, & Metabolism of Plasma Lipoproteins
Primary Hypercholesterolemia Disorders
Triglyceride Disorders and Secondary Hyperlipidemia
The Rationale for Treatment: Epidemiology and Clinical Trials
Lunch (*included*)
Nutrition Recommendations for Dyslipidemia
Pharmacologic Treatment of Hyperlipidemia and Review of Treatment Guidelines
Atherogenesis

Fridays 8:30 am–3:30 pm

Continental Breakfast
Demonstration Clinic
Lunch (*included*)
Basic Dietary Assessment Techniques
Discussion of Clinic Patients

Saturdays 8:30 am–noon

Continental Breakfast
Additional Lifestyle Therapies
Special Populations: Patients with Low HDL Cholesterol Levels, Elderly, and Women
Case Presentations

16.5 Category 1 Credits

Updates

The one-day Updates are designed for graduates of our basic course and as an advanced lipidology course for cardiologists, endocrinologists, and others experienced in the management of dyslipidemic patients.

The Updates provide the latest information from clinical and basic research. Specific topics are chosen based on newly available, practical information.

2009 Lipid Disorders Updates

May 9	MME0903B
December 5	MME1003A

AGENDA

Saturdays 8:30 am–4:00 pm

Continental Breakfast and CME Registration
Recent Findings in Basic Science
Nutrition Update
Lunch (*included*)
Clinical Trial Review
Case Discussions

6 Category 1 Credits

FOR MORE INFORMATION,

contact the UCSF Office of CME at

(415) 476-5808 or Gladstone at

(415) 734-2026, or visit our website

at www.gladstone.ucsf.edu.

(Click on *Education* and

then *Lipid Disorders Training Center*.)

TO REGISTER, complete the registration form on the reverse side.

Please return registration form with payment to:

UCSF OCME

Box 45368

San Francisco, CA 94145-0368

Registration form may be faxed with credit card payment to (415) 502-1795.

To comply with CME accreditation requirements, registration is done through the UCSF Office of CME.

REGISTRATION FEE

Registration fees can be found on the registration form. Make the check or money order payable to UC Regents. The registration fee includes all instructional materials, planned group meals, and CME certificate. Hotel accommodations, transportation, and parking fees are the responsibility of the registrant.