

DIABETES UPDATE AND ADVANCES IN ENDOCRINOLOGY AND METABOLISM

Marines' Memorial
Club and Hotel
San Francisco, CA

March 12-14, 2009

The Diabetes Update section focuses on new ideas and therapies relevant to patients with Diabetes 1 and Type 2 Diabetes. Discussion will also include aspects of prevention of the disorders. Advances in Endocrinology and Metabolism on Friday and Saturday, will provide the clinician with updated, pragmatic information about the management of common endocrinologic and metabolic problems, as well as insight into important current areas in clinical research. Formal presentations will be accompanied by question and answer periods with general discussion. Clinical cases will focus on common endocrine problems encountered in clinical practice.

This course is intended for general internists, family physicians, general practitioners, surgeons, nurses and other allied health professionals.

ACCREDITATION

Physicians The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this educational activity for a maximum of XXXX AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Geriatric Medicine The approved credits shown above include XXX credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Pain Management and End-of-Life Care The approved credits shown above include 1 credit toward meeting the requirement under California Assembly Bill 487, Pain Management and End-of-Life Care.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Registered Dietitians The Commission on Dietetic Registration accepts as continuing professional education those courses that meet the standard of relevance to Dietetic practice and have been approved for AMA PRA Category 1 Credit[™].

Note: RD's/DTR's are responsible for reporting their own attendance to the Commission on Dietetic Registration. The CDR reporting form is available online at <http://cdrnet.org/pdrcenter/>

Nursing For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit[™] issued by organizations accredited by the ACCME.

Physician Assistants AAPA accepts category 1 credit from AOACCME, Prescribed Credit from AAFP, and AMA Category 1 Credit[™] for the PRA for organizations accredited by the ACCME.

Pharmacy The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit[™].

EDUCATIONAL OBJECTIVES

DIABETES UPDATE

At the completion of this program, participants should be able to discuss:

- How our understanding of the roles of T cells in the pathogenesis of type 1 diabetes can be used to design new therapies for prevention of the disease.
- The etiological and therapeutic insights obtained from our understanding of Maturity Onset Diabetes of the Young
- The use of continuous glucose monitoring systems in reducing hyperglycemic and hypoglycemic excursions.
- The new therapies for type 2 diabetes including the insulins, injectable medications, oral medications.
- The role of obesity in the development of insulin resistance
- The current treatments for obesity
- Diabetes and pregnancy

ADVANCES IN ENDOCRINOLOGY

At the completion of this program, course participants should be able to discuss:

- Autoimmune polyglandular failure
- Controversies in hormone therapy in the perimenopause and the menopause
- Evaluation and treatment of pheochromocytoma
- Management of commonly seen pituitary and adrenal disorders
- The approach to a patient with thyroid cancer
- Management of thyroid eye disease
- Current therapies for osteoporosis
- The use of DXA scans in the evaluation of osteoporosis
- Impact of nutrition on the lipid profile
- How the underlying genetic mechanisms can impact therapy in lipid disorders
- Surgery for primary hyperparathyroidism.
- Syndrome of Inappropriate ADH Secretion – assessment and therapy

FPO
POSTAL

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Office of CME
UCSF Box 0742
San Francisco, CA
94143-0742

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For more information or to register online visit our website at www.cme.ucsf.edu. You may also reach us by calling the Office of CME at (415) 476-4251 or email info@ocme.ucsf.edu.

COURSE CHAIR

Umesh Masharani, MB, BS, MRCP

Clinical Professor of Medicine;

~~Associate Director,~~

~~UCSF Diabetes Center~~



COURSE FACULTY

(University of California, San Francisco unless indicated)

Mark Anderson, MD, PhD

Assistant Professor of Medicine in Residence

Lewis Blevins, MD

Professor of Medicine and Neurological Surgery; Medical Director; California Center for Pituitary Disorders

Bruce A. Buckingham, MD

Director, Pediatric Endocrinology SCVMC, Professor, Stanford University

Felix Conti, MD

Title

Francis Greenspan, MD, FACP

Clinical Professor of Medicine and Radiology

Carl Grunfeld, MD, PhD

Professor and Division Chief, Department of Endocrinology/Metabolism

COURSE FACULTY (CONT.)

Steven T. Harris, MD, FACP

Clinical Professor of Medicine and Radiology

Andrew R Hoffman, MD

Senior Associate Chair, Academic Affairs, Medicine Professor, Stanford University

Chienying Liu, MD

Assistant Clinical Professor; Associate Physician - Endocrinology, Kaiser Permanente, Santa Rosa

Bernard Lo, MD

Professor of Medicine; Director, Program in Medical Ethics

Mary Malloy, MD

Professor of Medicine and Pediatrics, Emeritus

Elizabeth J. Murphy, MD, PhD

Assistant Clinical Professor of Medicine; UCSF General Hospital

Martha S. Nolte, MD

Associate Clinical Professor of Medicine; Director, Diabetes Teaching Center

Andrew M. Posselt, MD, PhD

Assistant Professor of Surgery; Division of Transplantation, Department of Surgery

COURSE FACULTY (CONT.)

Robert Rushakoff, MD, MS

~~Assistant~~ Clinical Professor of Medicine

Dolores M. Shoback, MD

Professor of Medicine UCSF Endocrine Research Unit University of California, San Francisco, San Francisco VA Medical Center

Paul J. Turek, MD

Professor; Department of Urology; Endowed Chair in Urologic Medical Education

J. Blake Tyrrell, MD

Clinical Professor Emeritus; Director; Endocrinology Clinic

Christian Vaisse, MD, PhD

Associate Professor UCSF Diabetes Center

Kenneth Woeber, MD

Harris M. Fishbon Professor of Clinical Medicine

faculty

Divisions of Endocrinology,
Metabolism and Osteoporosis
Department of Medicine
University of California, San Francisco
School of Medicine



DIABETES UPDATE AND ADVANCES IN ENDOCRINOLOGY AND METABOLISM

THURSDAY-SATURDAY
March 12-14, 2009



Cable car ride on California Street

Marines' Memorial
Club and Hotel
San Francisco,
California

COURSE CHAIR

Umesh Masharani, MB, BS, MRCP

Clinical Professor of Medicine;
Associate Director, UCSF Diabetes Center

"UCSF's CME courses are second to none. Lecturers are cutting-edge, articulate and clearly know how to be helpful to us in the community."

— Dennis Green, MD

THURSDAY, MARCH 12, 2009

DIABETES UPDATE

7:30 am	<i>Registration and Continental Breakfast</i>	
8:00	Immunotherapy for Type 1 Diabetes – An Update	Dr. Mark Anderson
8:55	Surgical Cures for Diabetes	Dr. Andrew Posselt
9:50	<i>Break</i>	
10:10	An Update on Therapies for Type 2 Diabetes	Dr. Robert Rushakoff
10:40	Glycemic Targets in Type 2 Diabetes – What the New Trials Tell Us	Dr. Elizabeth J. Murphy
12:00 pm	<i>Lunch (On Your Own)</i>	
1:15	Topic?	Dr. Elizabeth Murphy
2:10	Continuous Glucose Monitoring Systems	Dr. Bruce Buckingham
3:05	<i>Break</i>	
3:25	How to Start and Optimize Insulin Therapy	Dr. Martha Nolte
4:20	Regulation of Appetite	Dr. Christian Vaisse
5:00	The Ethics of Stem Cell Research and Treatment	Dr. Bernard Lo
5:40	<i>Adjourn</i>	

FRIDAY, MARCH 13, 2009

ADVANCES IN ENDOCRINOLOGY AND METABOLISM

7:30 am	<i>Registration and Continental Breakfast</i>	
8:00	Hyperprolactinemia – Assessment and Treatment	Dr. J. Blake Tyrrell
8:55	Hyponatremia	Dr. Lewis Blevins
9:50	<i>Break</i>	
10:10	Management of Growth Hormone Deficiency	Dr. Andrew Hoffman
11:05	Pituitary and Adrenal Cases	Dr. J. Blake Tyrrell and Dr. Chienying Liu
12:00 pm	<i>Lunch (On Your Own)</i>	
1:15	Parathyroid Diseases and Therapies	Dr. Dolores Shoback
2:10	Update on the Bisphosphonates	Dr. Steven T. Harris
3:05	<i>Break</i>	
3:25	Thyroid Cancer – Diagnostic and Therapeutic Pitfalls	Dr. Francis Greenspan
4:20	Comprehensive Overview of Graves' Disease	Dr. Ken Woeber
5:15	<i>Adjourn</i>	
	◆ Geriatric Credit	

SATURDAY, MARCH 14, 2009

7:30 am	<i>Registration and Continental Breakfast</i>	
8:00	Male Infertility	Dr. Paul Turek
8:55	Disorders of Puberty	Dr. Felix Conti
9:50	<i>Break</i>	
10:10	Combination Lipid Therapy	Dr. Mary Malloy
11:05	Interaction of Lipoproteins and Inflammation and Atherosclerosis	Dr. Carl Grunfeld
12:00pm	<i>Adjourn</i>	
	◆ Geriatric Credit	

GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus and CME Certificate at the course.

HOW TO ENROLL

Register by February 14, 2009 and receive the Early Bird Discount!

Full Course Fee: \$565 Physicians,
\$425 Allied Health Professionals
(AHP)

Session 1: Diabetes Update only –
\$280 Physicians / \$265 (AHP)

Session 2: Advances in Endocrinology and Metabolism only –
\$385 Physicians / \$270 (AHP)

After February 14, 2009:

Full Course Fee: \$615 Physicians
\$475 (AHP)

Session 1: Diabetes Update only
\$330 Physicians / \$315 (AHP)

Session 2: Advances in Endocrinology and Metabolism only –
\$435 Physicians / \$320 (AHP)

Registration fee includes course syllabus, continental breakfast and refreshments.

Payment can be made by American Express, Visa, MasterCard or check.

REGISTER VIA:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA
94145-0368

Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

On-Site Registration: Generally we are able to accommodate on-site registration at our courses. Please call or refer to our website for course status.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building. The Marines' Memorial Club and Hotel is just steps from Union Square, famed cable cars, and the Theatre District.

CONFERENCE LOCATION (CONT'D)

A block of guestrooms has been reserved at the special UCSF conference rate of \$169 Standard /\$184 Deluxe. You are urged to make your reservations early. The cut off date is February 12, 2009 or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. If you prefer to phone please identify yourself as a member of this conference to receive the special rate.

To make hotel reservations by telephone, call 415-673-6672, please identify yourself as a member of this UCSF conference to receive the special rate. The Marines' Memorial Club & Hotel is pleased to include the following in the room rates as quoted:

- Full American Breakfast and a two-hour Hosted Cocktail and Reception daily in the Skyroom, located on the 12th floor of the hotel, with panoramic views of the city
- Entrance to Club One Fitness with indoor lap pool and state of the art equipment – located on property
- Complimentary use of the Business Center, with internet access, scanner, fax and printer
- High speed Internet access in all guestrooms at a charge

****Hotel Policies:** Reservations must be cancelled at least 24 hours in advance or a one-night's stay (and applicable taxes) will be charged. A credit card number is required to confirm your reservation. Check-in is 3:00 pm; Checkout is 12:00 noon. Reservation requests made after February 12, 2009 will be honored at the conference room-rates on a space available basis. Room rates are subject to all state and local taxes (currently 14%, subject to change without notice).

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to identification number # 03BW0127 or call your travel agent. You may also make reservations at www.Hertz.com.

AIR TRANSPORTATION

Special arrangements have been made with Montgomery Travel. Simply call (800) 391-2287 or complete the form on the UCSF web page at www.montgomerytravel.com. In addition to offering lower rates than published airfares, ticketed passengers may take advantage of the 24 hour emergency service. There is a \$35 service fee.

UCSF OCME has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

American (800) 433-1790 code: 15273
United (800) 521-4041 code: 510CF

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ENDOCRINOLOGY AND METABOLISM**

MDM09E01

March 12-14, 2009

**Marines' Memorial Club and Hotel
San Francisco, California**Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795Registration Information: (415) 476-5808
Course Information: (415) 476-4251
Online registration: www.cme.ucsf.edu Dr. Mr. Mrs. Ms.

Last Name First M.I.


Degree Specialty

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Address Label Code Letter (see address label: example, A, B, C, D, etc.)Would you like to be on our priority email list? Yes NoWould you like to be on our priority fax list? Yes NoDate of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day Please indicate if you have any special needs:**Please check session (s) attending:****Full Course – XXXX hours**Before February 14th **\$565** Physicians **\$425*** Allied Health Professionals
After February 14th **\$615** Physicians **\$475*** Allied Health Professionals**Session 1 Only: Diabetes Update – XXX hours**Before February 14th **\$280** Physicians **\$265*** Allied Health Professionals
After February 14th **\$330** Physicians **\$315*** Allied Health Professionals**Session 2 Only: Advances in Endocrinology & Metabolism – 11 hours**Before February 14th **\$385** Physicians **\$270*** Allied Health Professionals
After February 14th **\$435** Physicians **\$320*** Allied Health Professionals

* Residents, fellows and interns are eligible for the AHP rate.

Check enclosed payable to *UC Regents*Please charge my credit card: Visa MasterCard AmEx for \$ _____

Card # _____ / _____ / _____ Expiration date

Name on Card (Please Print) _____ Authorized Signature _____

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609 Sutter Street
San Francisco, CA 94102
(415) 673-6672
www.marineclub.com